



86 WOMEN IN THE EMPOWERMENT PROGRAM

588 WOMEN IN INDIVIDUAL THERAPY

487 WOMEN IN GROUP THERAPY



30 Women received legal support

100 Women in crisis served

738 Condoms provided

200 Pads provided

LEADERSHIP DEVELOPMENT ACHIEVEMENTS

RTE's partner organization, ADE, developed the following leadership skills:

- Dialectical Behavioral Therapy (DBT)
- Behavioral Activation Therapy for the management of depression
- Acceptance and Commitment Therapy for anxiety management
- Cognitive Behavioral Therapy for the management of depression
- Cognitive Behavioral Therapy for anxiety management
- Participated and learned how to run a fundraising campaign

VOLUNTEERS

32 local Costa Rican students volunteered from **4** universities

UACA
UCR
UMCA
CINDEA La Paz



WOMEN IN ELECTIVE CLASSES

Manicure Classes
68

Computer Classes
8

English Classes
13

Pastry Classes
8

Sewing Classes
168

German Classes
6

Entrepreneurship Classes
5

MENTAL HEALTH

92% Increased control of behavior, thoughts, emotions, and feelings

85% Improved feelings of being emotionally stable

91% Improved satisfaction in personal life and personal goals

85% Improved feelings of anxiety or depression

91% Increased feelings of feeling loved and wanted

71% Improved in implementing parenting skills effectively

88% Increased feelings of joy and finding interest in do more in life

56% Decreased suicidal ideation

JOB TRAINING

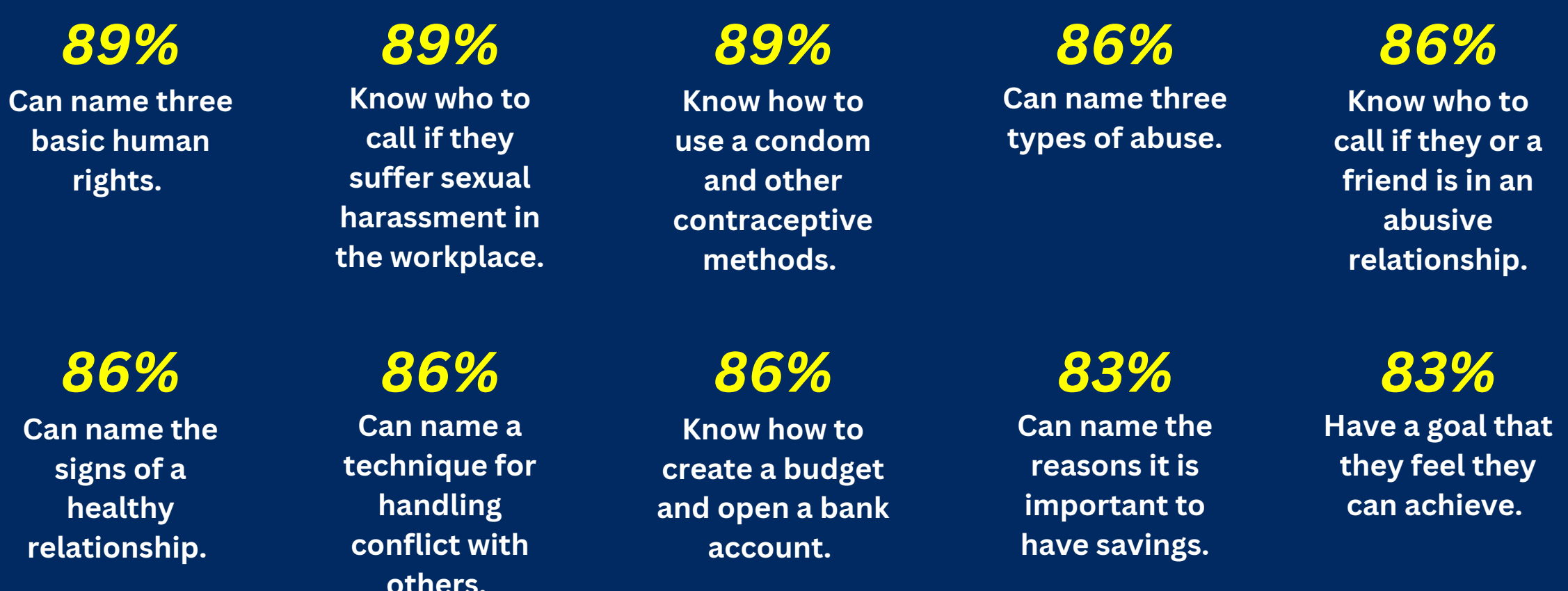


15 Women created their own business

11 Women found employment

10 Internships provided to women

LIFE SKILLS & HUMAN RIGHTS



PARTNER ORGANIZATIONS

RTE's partner organization, ADE, created **16** local business partnerships to help support ADE's mission:



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| <p>CAA
Cámara de Inversionistas de Costa Rica</p> <p>Grupo DEMEPE
Chucho Arias Conferencias</p> <p>ASOPRO San Ramón</p> | <p>Red contra la Violencia de Occidente
Foro Consultivo a Sociedad Civil sobre DDHH</p> <p>Comisión de la Mujer
Ferias de Emprendimientos por parte de la Universidad de Costa Rica</p> <p>Asociación Acompañame</p> | <p>Centro de Desarrollo Empresarial del INA
INA San Ramón</p> <p>Poder Judicial Justicia Restaurativa
Banco Popular</p> <p>CIPAC</p> |
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